



*Simply* LUNCH  
BY ECOCATERS

**Eat Different.**  
*Live Better.*

For more information contact us

Call: **DC** 202.548.7220 | **LA** 310.431.4134 | **San Diego** 858.433.7244

Email: [inquiry@ecocaters.com](mailto:inquiry@ecocaters.com) | [www.ecocaters.com](http://www.ecocaters.com) | [@ecocaters](https://www.instagram.com/ecocaters)



Week

01

## Sample Menu

### Monday

- DIY Salad Bar (with fabulous accompaniments)

### Tuesday

- Farmers Market Salad
- Jambalaya
- Veggie Etouffee
- Stewed Greens

### Wednesday

- Farmers Market Salad
- Brisket Cannellini with Vegetables and Orzo
- Grilled Farmers Market Vegetables

### Thursday

- Farmers Market Salad
- Grilled Chicken
- Vegetable Farro
- Roasted Carrots with Parsley

### Friday

- Farmers Market Salad
- Kimchi Stew
- Veggie Stir Fry
- Steamed Rice

Week

02

## Sample Menu

### Monday

- Farmers Market Salad
- Jerk Chicken
- Pulled Jackfruit
- Caribbean Fried Rice

### Tuesday

- Farmers Market Salad
- Overnight Brisket
- Zucchini and Lemon
- Fusilli with Herbs
- Roasted Potatoes

### Wednesday

- Farmers Market Salad
- Gazpacho
- Vegetarian Brown Rice Paella
- Southern Spain Style Pernil

### Thursday

- Farmers Market Salad
- Pork with Pineapple and Brown Sugar
- Polenta Cake with Vegetable Ragu
- Garlic Smashed Potatoes

### Friday

- Farmers Market Salad
- Farmers Market Grilled Veggies
- Chicken Curry
- Coconut Rice

Our **Simply Lunch** program, designed specifically for corporate clients, provides special rates to partners who meet the minimum commitment for lunch services. By utilizing Chef's Choice menus tailored to your specific dietary restrictions and preferences, we offer flavorful, healthy, and locally inspired meal options that elevate daily workplace dining.



## Work is hard. Lunch shouldn't be.

Your team is expected to thrive in a challenging world and think on their feet. To excel in a demanding, fast-paced environment, great people need the right fuel for stellar results.



## Sustainable is the new power lunch

Feel good about fueling your teams with lunch made from local, responsibly sourced produce. We strive to make lunch inspiring and effortless while setting the bar for sustainability in our industry.



## Lunch made simple

No more complicated ordering. Your personal chef crafts menus taking into account dietary restrictions and taste preferences. Enjoy fresh, organically focused food with great flavor but without the hassle.

## The Simply Lunch Advantage



### Talent Recruitment & Retention

Tasty, wholesome meals send a clear message that your organization values employee health and wellness.



### Healthier Teams

Our lunch options are preservative- and additive-free, supporting a stronger, more vibrant staff.



### Happier Workdays

Research shows that sharing a meal releases dopamine in the brain. This encourages bonding, laughter, and relaxation, boosting overall morale.



### Business Boost

Nutritious food powers productivity and helps prevent mid-afternoon fatigue, benefiting both your team and your bottom line.



### Ordering Made Easy

Your chef creates your weekly menus. Just let us know your headcount and schedule; we'll handle the weekly lunch menu. Simple.



### On-Site Dedicated Chef

If your space has a kitchen, you get a dedicated chef to cook lunch onsite. If not, we deliver right to your door.



### Chef-Created, Budget-Friendly Lunches

Chef-driven lunch menus with fixed pricing allow you to easily control costs and allocate more resources to your business.





# We are a full-service catering company.

Experience the exceptional flavors of EcoCaters. Delight your guests with our thoughtfully curated menus!

Scan the QR codes below to explore our delectable selections.



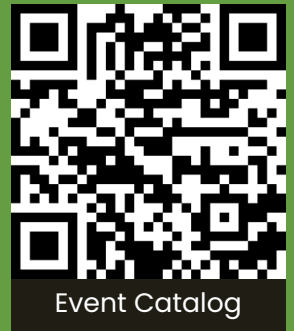
Corporate Menu



Social Menu



Wedding Menu



Event Catalog

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